



TYPES OF PERITONEAL DIALYSIS

There are two types of peritoneal dialysis. You and your healthcare team will decide which method(s) will best suit your condition and your lifestyle.

Continuous Ambulatory Peritoneal Dialysis (CAPD)

With CAPD, manual exchanges are done every few hours. The exchange takes about a half-hour to complete. While draining and filling, you may occupy yourself reading, watching television, or similar activities. After finishing an exchange, while the fluid stays in the abdomen and dialysis happens, you are free to carry out your usual activities.

Automated Peritoneal Dialysis (APD)

APD may also be called Continuous Cycler Peritoneal Dialysis (CCPD) or Nocturnal Intermittent Peritoneal Dialysis (NIPD). APD uses a machine called a cycler to do the dialysis exchanges automatically, usually at night while you sleep. The cycler is setup before you go to bed. Then, at bedtime, you connect to the cycler so that you get dialyzed while you sleep. In the morning you disconnect from the machine and carry out all your usual activities. If you decide to do APD, you can still switch to CAPD if you need to, especially if you want to travel and cannot bring your cycler. Your Home Dialysis Care Team will help you if you need to make the switch to CAPD.